

Advanced Communication Skills: Enhancing Ability and Influence

An AHEA Sponsored Event

Content:

Have you ever found yourself in situations where you just can't find the right words? Have you seen good ideas move in the wrong direction because they were poorly communicated? Have you ever left a meeting or conversation feeling like you haven't been heard?

These situations and more will be covered in this engaging, interactive and enjoyable day with Lynn Kirkland RD, master facilitator and President of Simply Effective Communications.

This practical training event will focus on communication skills you can put to use immediately in your personal and professional lives. Specific topics will include:

1. *Communicating through conflict*
2. *Feedback finesse*
3. *Bridging the positional power gap*
4. *Making your message stick*

Who Should Register:

- AHEA Members (Candidates and Professional Members can earn 5 PDU's)
- Human Ecology students
- Anyone interested in taking their communication skills to the next level!

Saturday, February 27, 2016

**Red Tail Landing Golf Club,
Edmonton, AB**

9:00 am – 4:00 pm

Light breakfast and lunch included!

Your Facilitator:

Lynn Kirkland is a Registered Dietitian who has made a transition into Human Resources and the world of Learning and Development. She is a master facilitator and has done extensive training in communication and adult learning. In addition to owning her own business, Lynn is a sessional instructor at the University of Alberta and uses her 30 years of management and leadership experience to help leaders and teams communicate to achieve success.

Fees & How to Register:

- AHEA Members: \$45
- Students: \$25
- Non-Members/Public: \$60

**\$200 Workshop
value!**

To register: Go to <http://www.ahea.ab.ca/> and register online using PayPal. Note: You do NOT need a PayPal account to use debit or credit cards on PayPal.

REGISTRATION DEADLINE FEBRUARY 18TH 5:00 PM