

Dr. Janet Fast



Dr. Janet Fast is a professor in the Department of Human Ecology at the University of Alberta. From her first professional jobs in community education, practice and advocacy work with national and local NGOs, Dr. Fast has worked to create and transfer knowledge, to engage with public, government and other user groups, and to work at the interfaces among them. Dr. Fast engages in research, policy and practice with a focus on the economics of aging and the paid and unpaid care of family members. Her research addresses family, labour, health and continuing care policy issues, and she is often called upon to consult with or advise government policy-makers and NGOs on policy related to caregiving and workplace supports. She currently co-leads an international and multidisciplinary research team investigating the intersection of work and care across the life course. More recently she has taken on a leadership role on the AGE-WELL (Aging Gracefully across Environments Using Technology to Support Wellness, Engagement and Long Life), a National Centres of Excellence program focused on exploiting existing and developing new technologies to enhance the lives of older adults and their caregivers.

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